

Youth Arts Lesson Plan (BAYFEST Youth Theatre)

NOTE: because “One World, One Story” will be in a number of schools and include several formats (Personal Narratives and World Tales of “growing up”), the sample lesson plan below is for staging a World Tale with an after-school group at one school. Some schools may have longer or shorter engagements, or several sessions over the course of the school year, And the Summer Intensive runs for 70 hours over the course of 2 weeks.

List the example “Session”	List the week the session occurs	List the Goals/Skills of the lesson	Describe examples of activities that support the goal or skills	Teaching Instructor	Duration of Session
Session 1	Week 1	Introductions, reviewing contract, code of conduct and safety expectations. Ensemble-building, spatial awareness on stage	Ensemble input on code of conduct and rules in rehearsal. Theatre/movement games like “Zip, Zap, Zop”, Name Game, “run for daylight”,	Shampain, Diop	1.25 hours
Session 2	Week 2	Hear the original story, discuss themes, connections to other stories and ensemble members' own lives. Group movement	“soundscapes”, creating a storm and other weather elements with movement, creating a word list to develop dialog from.	Shampain, Fernandes	1.25 hours
Session 3	Week 3	Work on main story elements, dialog	creating cartooned “story board” and sections of dialog.	Fernandes	
Session 4	Week 4	Review story outline, develop dialog, work on first scenes, vocal projection	Elements of comedy, making dialog spare	Shampain, Fernandes	1.25 hours
Session 7	Week 7	Refine dance, rhythm and movement sequences	review choreography, ensemble movement sections	Diop	1.25 hours
Session 10	Week 10	Putting it all together. Telling the story from start to finish.	Rough run-through of the material. Notes from directors and ensemble	Shampain, Diop	1.25 hours
Session 12	Week 12	run through and refinements. “polishing a performance” and being ready.	working on specific areas of concern in the play, addressing actor difficulties. Discuss “how to refine your own performance”	Shampain,	1.25 hours
Session 13	Week 13	Full run-through rehearsal with notes and work session. Discussion about 1 st performance.	Solidifying all dialog and blocking. Pre-performance relaxation and warm-up techniques	Shampain, Diop, Fernandes	1.25 hours
Session 17	Week 15	Final performance. Each actors to make at least 3 refinements to their performance.	Audience talk-back led by ensemble. Notes from directors	Shampain, Diop, Fernandes,	3 hours
Session 18	Week 16	Final wrap up. Get feedback on the experience.	Watch video of performance, discuss strengths and challenges, fill out evaluations. Give out Certificates of Completion.	Shampain, Diop, Fernandes	1.5 hours