

Sample Lesson Plan

Arab Folk Dances Workshop

1. Where do Arabs Live?
 - a. Map of Middle East
 - b. 22 Arab Countries
 - c. Dance as part of life celebrations
2. Introduce music and rhythm
 - a. Instruments: Photos/Recording clips
 - b. Rhythms: Recording clips, clapping out rhythms
3. Movement and Dance
 - a. Learn simple isolations: shoulders & hips
 - b. Learn Egyptian stick dance with boy/girl variations
 - c. Learn Khaliji dance (Saudi Arabia & Kuwait) with boy/girl variations
 - d. Learn Lebanese Debke (line dance)
 - e. Students participate in an Egyptian Zeffa (wedding procession) and “happy dance”
4. Additional Enrichment Activities may include:
 1. PowerPoint with video clips of musicians and dancers
 2. English words from Arabic language
 3. Arab contributions to the world